

MJP ACADEMY OF IRISH DANCE

CLASSES LEVELS, DESCRIPTIONS & WORKSHOPS

The “included workshops” listed for each level are all INCLUDED in your monthly payments and you are automatically registered for them when you set up your payments for the year!

All workshops are held at the following location: Highwood Community Center, 16 Harlow Ave. N.W. For workshop dates and times, please see our **online calendar** or the **payment links** in “Step 3- Pay for your classes” on our website.

PRIVATE LESSONS

We highly recommend private lessons to any dancer that is interested in reaching their dancing goals. With one-on-one lessons, a teacher has the time to make corrections that are specific to each dancer. Your teacher can also answer any questions or help you make a plan on how to achieve the improvements you would like to see in your own dancing. Private lessons are offered by a number of our teachers and can be booked by emailing Miss. Joelle at mjpacademy@hotmail.com

BEGINNER CLASSES

New dancers with little or no dance experience.

TINY TOES	Age 2 – 3 Beginner
TINY TOES II	Age 2 – 3 Year 2
DERRY	Age 4 – 6 Beginner
WATERFORD	Ages 7 and up, Beginner

INCLUDED WORKSHOP (DERRY & WATERFORDS)

YEAR END SHOW PREPARATION WORKSHOP

Anyone attending the Year End show in May must attend this workshop to prepare.

OPTIONAL WORKSHOP

IRISH DANCE SUMMER CAMP

Dancers are invited to come and learn some dancing, make crafts, see our older dancers perform and perform for their parents on the last day of camp!

SECOND YEAR STUDENTS

Dancers entering their second year and up at MJP Academy.

At MJP, competing is entirely optional. Students must be enrolled in two or more solo classes a week in order to enter competitions.

CORK	Age 5 – 7	1 hour/week
LIMERICK	Age 6 and up	1 hour/week

INCLUDED WORKSHOPS

INTRO TO HARDSHOE WORKSHOP

Limerick dancers will be learning hardshoe for the first time!

Cork dancers will learn more soft-shoe choreography and will get a little intro to hardshoe dancing.

SKILL WORKSHOPS

These workshops teach skills above and beyond what there is time to cover in regular weekly classes such as: stretching, strength or endurance training, self-confidence, good practice habits, and nutrition.

ST. PATRICK’S SHOWS PREPARATION WORKSHOP

Anyone attending the St. Patrick’s day shows in March must attend this workshop to prepare.

YEAR END SHOW PREPARATION WORKSHOP

Anyone attending the Year End show in May must attend this workshop to prepare.

ADULT CLASSES

These classes are for complete beginners or for people that danced as a child and want to dance again. Anyone 18 years of age and up can join our adult classes.

Some of our Adult dancers like to take their dancing a little more seriously and dance in competitions. If you decide to compete, you must enroll in two or more solo classes a week to properly prepare.

INCLUDED WORKSHOPS

SKILL WORKSHOPS

These workshops teach skills above and beyond what there is time to cover in regular weekly classes such as: stretching, strength or endurance training, self-confidence, good practice habits, and nutrition.

YEAR END SHOW PREPARATION WORKSHOP

Anyone attending the Year End show in May must attend this workshop to prepare. 1.5 hours for all younger dancers.

OPTIONAL WORKSHOP

3 HOUR WORKSHOPS

If you know your slow speed dances, register for the 3 HOUR WORKSHOPS here.

<https://MJPSignup.as.me/?appointmentType=23737367>

These workshops are to provide extra class time to our championship dancers before competitions.

INTERMEDIATE DANCERS

Dancers in their third year of dance and up that have not yet reached Championship level in competition.

DUBLIN	Approx. age 8 & up	2 hours/week
GALWAY	Novice/Prizewinner level in competition	3 hours/week

INCLUDED WORKSHOPS

MANDATORY SUMMER WORKSHOP

Dancers learn new choreography and work on existing steps to prepare for competitions following summer break. 1.5 hours per day per dancer. Detailed schedule and dancer groups are sent through email.

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CHAMPIONSHIP DANCERS

Preliminary and Open Championship level dancers.

ATHLONE	Unlimited hours per week
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CHAMPIONSHIP CHANGEOVER WORKSHOP

Dancers learn their opposing dances following the Oireachtas.

3 HOUR WORKSHOPS

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ADDITIONAL CHAMPIONSHIP WORKSHOPS (Dates and times below)

OIREACHTAS WORKSHOP REGISTRATION LINKS:

GROUP 1 -Treble Jig/Slip <https://MJPSignup.as.me/?appointmentType=33395500>

GROUP 2 - Hornpipe/Reels <https://MJPSignup.as.me/?appointmentType=33395552>

NATIONALS WORKSHOP REGISTRATION LINK:

<https://MJPSignup.as.me/?appointmentType=33395298>