

# MJP ACADEMY OF IRISH DANCE

## DESCRIPTIONS of CLASSES & WORKSHOPS OFFERED

### **BEGINNER CLASSES**

New dancers with little or no dance experience.

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|------------|------------------------------------|
| *TINY TOES | Beginner, for dancers age 2 – 3    |
| DERRY      | Beginner, for dancers age 4 – 6    |
| WATERFORD  | Beginner, for dancers age 7 and up |

\*The Tiny Toe classes will be a half hour long and will be on a drop-in basis (since there are days when little ones just don't feel like dancing!). These classes are a special rate of \$10.00 a class.

### **RETURNING STUDENTS**

The following classes are for dancers entering their second year and up at MJP Academy. Students wishing to compete must be enrolled in two or more solo classes a week in order to enter competitions. The performance figure class does not qualify as a second solo class.

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|--------------|--|
| TINY TOES II | 2nd year, for dancers age 2 – 4              |
| CORK         | 2nd year dancers ages 5 -7                   |
| LIMERICK     | 2nd and 3rd year dancers, approx. age 6 & up |
| BELFAST      | 3rd and 4th year dancers, approx. age 8 & up |
| DUBLIN       | 4rd and 5th year dancers, approx. age 8 & up |
| GALWAY       | Novice and Prizewinner level in competition  |
| ATHLONE      | Preliminary and Open Championship level      |

### **ADULT CLASSES**

Adult classes are fun, good exercise and a great way to meet new friends! These classes are for complete beginners or for people that danced as a child and want to dance again. Anyone 18 years of age and up can join our adult classes.

Some of our Adult dancers like to take their dancing a little more seriously and dance in competitions. It is not mandatory for adult dancers to compete but, if you do, you must in enroll in two or more solo classes a week to properly prepare.

### **PERFORMANCE/FIGURE CLASSES**

These classes are for dancers of any age entering their second year of Irish dance. Dancers enrolled in these classes will learn a special feature dance to be performed in our year end show. This dance is similar to choreography used in professional shows like "Riverdance", "[Celtic Echoes](#)" and by "[Dara Irish Dance Troupe](#)" and will help give dancers the edge they need to audition for these shows.

Dancers in these classes will also learn figure dances which are the traditional group dances used by Irish step dancers in competitions and in shows. These are also the dances that dancers must learn for their grade exams and their teaching exam.

### **PRIVATE LESSONS**

We highly recommend private lessons to any dancer that is serious about taking their dancing to the next level. With one on one lessons, a teacher has the time to make corrections that are specific to your own dancing needs. Your teacher can also answer any questions you have about your dancing or about how to make improvements you would like to see in your own dancing. Private lessons are offered by a number of our teachers and can be booked by contacting Miss. Joelle at [mjpacademy@hotmail.com](mailto:mjpacademy@hotmail.com)

## WORKSHOPS

The dates and times of all our workshops can be found on our online calendar. To register for workshops, please fill out our workshop registration form found in our registration package online. The cost of workshops can be found on the workshop registration forms.

### SKILL WORKSHOPS

For dancers interested in increasing their flexibility, endurance and improving their tricks, this is for you! We also cover important life skills that will help the dancers to better prepare mentally for competing or dancing on the stage. There will be five, 2 hour long, skill workshops offered this year.

### MANDATORY WORKSHOPS

These workshops will be for dancers in the Belfast level and up.

This year, instead of doing two mandatory workshops throughout the year, we are going to try doing a week long summer workshop to learn the bulk of new choreography that the dancers will need for the year, and to work on drills to jump start everyone back into shape following the summer break. These workshops will take place over 5 days and each dancer will attend 1.5 hours each day. Dancers learn a lot of new material at these workshops so missing these workshops means that dancers will fall behind their classmates.

Limerick dancers will be offered a two day, "introduction to hardshoe" workshop in the fall. These workshops are two days long and each dancer attends 1.5 hours each day. This workshop is also considered mandatory.

### INTRODUCTION TO IRISH DANCE SUMMER CAMP

These workshops are for dancers age 5 and up, with 1 year (or no) dance experience.

Come and learn how to Irish dance with us at our two-day workshop where you will do some crafts, see our older dancers perform and best of all, learn some Irish dance! Younger MJP dancers that already know how to dance are more than welcome to come and take the workshop too!

### ST. PATRICKS SHOW PREP WORKSHOP

These workshops are for dancers age 7 and up, in their 2<sup>nd</sup> year of dance and up.

This workshop is for anyone wanting to attend the St. Patrick's day shows this year. This will allow us to rehearse with the dancers that are attending the shows all together. These workshops will also be drop-in (\$10.00/day).

### 3 HOUR WORKSHOPS

These workshops are for our Galway and Athlone level dancers to help them get in some extra class time before competitions.

### OIREACTAS WORKSHOPS

These workshops take place in the fall and are for dancers attending the Oireachtas (World Qualifying event) this year.

### NATIONALS WORKSHOPS

These workshops take place in July/end of June and are for dancers attending the North American Irish Dance Championships this year.