

## Tiny Toes (Reel and Light Jig)

You can place a sticker or a check mark here											Movement	Tips
											<b>REEL</b> 8 Skip two three's in a circle	Clockwise, face front by 8. Point toes, kick bum
											Sevens right	Remember that count One is a leg lift Right leg is in front
											2 Skip two threes	Right foot to bum then left to bum Point toes when lifting up behind
											Sevens left	Remember that count One is a leg lift When moving Left, Left leg is in front
											2 Skip two threes	Left foot to bum first then Right
											Up walk walk, Up walk walk	Right leg twice, like 7's but less steps
											Point Point, point point	Right foot twice, Left foot twice
											Turn 234567	Start with L foot to knee, Counterclockwise
											point hop back, Point hop back	Left foot then Right foot
											<b>JIG</b> Up back and 1-2-3	Do three times. Right then Left then Right Dancers will have to lift their <b>back</b> leg to start each time
											Up and Back Hop Back-2-3-4 (rise and grind)	Take Left leg from behind up to knee then behind onto the floor. Then lift right foot up and down onto the floor behind. Finish with Right behind
											Repeat previous two rows, facing the back and returning to the starting position	This whole beginning is performed in a circle. The first time through going towards the front and the second time back
											Down Up and Back-2-3-4 (sink and grind)	Perform 3 times on Right
											Rise and grind on Right	
											Sink and grind on Left Rise and grind on Left	Sink and grind 3 times followed by one rise and grind

If performed in a row, the first 7 rows make up the Tiny toe reel. Rows 8- 14 Are the Tiny toe Light Jig\*Remember to: Always keep arms down by sides when practicing, Cross feet, Turn out toes, Stay high up on toes, Have fun!!! 😊