

Prizewinner/Prelim Slip Jig

Movement	Tips
LEAD AROUND (option 1)	CAPITALS= RIGHT Lowercase = Left
JUMP, jump	Switch on both, point toes down and keep knees straight
CUT 1-2-3-4 OVERDOWN	Moving forwards and left
SKIP 1-2-3, skip L, SKIP-R, Point hop back	Turn to Right on skip23 and move across stage towards stage right
CUT-1-2-3-4 OVERDOWN and overdown	Turn towards back on the point. Move towards back and curve to right
Skip-1-2-3	
Ending one HOP-POINT-HOP-BACK	Bring right leg from the back Right leg kicks bum on the way forward and back
BUM TWIST 2-3	The “bum” is a jump with both feet off floor, front leg straight, back leg to bum Land with front leg first
Ending two And point-hop-back and POINT-HOP-BACK	
Repeat on Left foot	Reverse all directions
LEAD AROUND (Option 2)	
CUT 1-2-3-4 OVERDOWN	Moving forwards and left
SKIP 1-2-3, skip L, SKIP-R, hop double hop (L) down	Turn to Right on skip23 and move across stage towards stage right
hop POINT hop BACK,	Turn towards back on the point. Kick bum as R foot comes to front and goes back. When step back with R, lift up left leg.
2-3 switch STEP skip L, SKIP R-2, OVERDOWN	Head across back of stage on the R skip and overdown
HOP-1-2 KICK(hop) BACK	As you hop back, Right leg kicks high up in front and then back to bum
BUM TWIST 2-3-4-5	The “bum” is a jump with both feet off floor, front leg straight, back leg to bum Land with front leg first
Repeat on Left foot	Reverse all directions
FIRST STEP	
skip-1-2-3, SKIP-1, skip-2, hop-DOUBLE-KNEE-DOWN	Starting with Right foot in front, bring out left leg from back with a straight knee

skip-1, SKIP-1-2, LIFT-hop-rock, hop-rock-ROCK-rock	Rock to left then bring R foot to front by kicking bum and start the next set of rocks to left as well, making them a backward rock
step-POINT-hop-BACK step-KICK-AND-DOWN	First step is the left coming down behind Devlopé kick (meaning, kick bum on the way out)
hop-1-2, switch-STEP, bicycle, SKIP-1-2-3, skip-turn-2-3	Turn towards the back of the stage.
Repeat step on the left	
HALF STEP FOR PRELIM	
POINT CUT and POINT and BACK push ONE-two, TURN-2-3	On the “push”, kick bum with R, left kicks straight in front (kind of like an overdown)
and-1-2, RUN-run-RUN step-1-2-3-4, OVERDOWN	On the “runs” do them on the spot turning towards stage back to face stage left when finished “step” is back foot coming down behind – Travel across stage front for this
SKIP-1-2-3, hop-1-2, switch-STEP, over-OUT,	Bring Left leg from the back Ti-ti’s jump All of this travels towards the back and then across the back to center of stage
skip-1-2-3, SKIP-1, skip-2, prep, jump-flick-point	Dance straight up middle towards front Finish center stage, front with back foot on ground, front foot pointed

*Remember to: Always keep arms down by sides when practicing, Cross feet, Turn out toes, Stay high up on toes, Have fun!!! 😊