

Novice Slip Jig

Movement	Tips
LEAD AROUND	CAPITALS= RIGHT Lowercase = Left
JUMP, jump	Switch on both, point toes down and keep knees straight
CUT 1-2-3-4 OVERDOWN	Moving forwards and left
SKIP 1-2-3, skip L, SKIP-R, point hop back	Turn to Right on skip23 and move across stage towards stage right
CUT-1-2-3-4 OVERDOWN and overdown	Turn towards back on the point. Move towards back and curve to right
Skip-1-2-3	
Ending one HOP-POINT-HOP-BACK	Bring right leg from the back Right leg kicks bum on the way forward and back
BUM TWIST 2-3	The “bum” is a jump with both feet off floor, front leg straight, back leg to bum Land with front leg first
Ending two And point-hop-back and POINT-HOP-BACK	
Repeat on Left foot	Reverse all directions
FIRST STEP	
POINT switch point HOP back CUT-1-2-3-4-5	On the “switch”, switch from right to left Cut is a jumping cut
hop double and down	Double is to the knee
hop POINT-hop-BACK hop-back-twist-2	Face front of stage for twists
hop-1-2-3-4 overdown skip-1-2-3, Skip-1,	Move across front stage to right Go towards back of stage
skip-1-2-3-4-5, STEP, bicycle	The 5 and the step can be a “switch step” Finish bicycle with left in front
Repeat step on the Left foot	

*Remember to: Always keep arms down by sides when practicing, Cross feet, Turn out toes, Stay high up on toes, Have fun!!! 😊