

Novice Slip Jig

Movement	Tips
LEAD AROUND	CAPITALS= RIGHT Lowercase = Left
JUMP, jump	Switch on both, point toes down and keep knees straight
CUT 1-2-3-4 OVERDOWN	Moving forwards and left
SKIP 1-2-3, skip L, SKIP-R, Point hop back	Turn to Right on skip23 and move across stage towards stage right
CUT-1-2-3-4 OVERDOWN and overdown	Turn towards back on the point. Move towards back and curve to right
Skip-1-2-3	
Ending one HOP-POINT-HOP-BACK	Bring right leg from the back Right leg kicks bum on the way forward and back
BUM TWIST 2-3	The “bum” is a jump with both feet off floor, front leg straight, back leg to bum Land with front leg first
Ending two And point-hop-back and POINT-HOP-BACK	
Repeat on Left foot	Reverse all directions
FIRST STEP	
POINT CUT and POINT and BACK Switch 1-2-3-4-OVERDOWN	On the “switch”, switch from left to right
SKIP-1-2-3 hop point, turn POINT-HOP-BACK	On the “Turn” kick your bum with your left foot and turn to Left (towards back) to face stage right.
swith cut and down UP-1-2-3-4 OVERDOWN	Bring right to front on the switch Bring Left leg from the back on the cut Move across stage to right
SKIP-1-2-3 Up-UP-OUT skip-1-2-3	On 3 of the skip, the left foot is up behind, ready for the half bicycle.
Repeat step on the Left foot	

*Remember to: Always keep arms down by sides when practicing, Cross feet, Turn out toes, Stay high up on toes, Have fun!!! 😊