

## MJP Workshop registration form

Student Name (First and last) \_\_\_\_\_

Age \_\_\_ Class \_\_\_\_\_

The following workshops are **learning workshops** where dancers learn new choreography for the year. They are intended for dancers in their 2<sup>nd</sup> year and up. These dancers SHOULD NOT miss these workshops as they will fall behind in their classes.

### Workshop 1 – October 15<sup>th</sup> and 16<sup>th</sup> (two hours each day)

I have included:

- One \$40.00 cheque dated for October 1<sup>st</sup>  
OR
- \$40.00 Cash

### Workshop 2 – January 28<sup>th</sup> and 29<sup>th</sup> (two hours each day)

I have included:

- One \$40.00 cheque dated for January 1<sup>st</sup>  
OR
- \$40.00 Cash

### NEW THIS YEAR: Monthly workshops

These workshops will be offered once a month on a Saturday and will be **two hours in duration**. It is intended that the workshops will cover stretching, strengthening and endurance training. We will also focus on drilling tricks that each dancer is learning for class the current year. Some workshops will also include helpful information for dancers such as: Nutrition, and good practice habits and tips, Irish music and music in general to help dancers with their counting.

#### Dates:

September 17<sup>th</sup> (Saturday)

December 10<sup>th</sup> (Saturday)

January 14<sup>th</sup> (Saturday)

February 11<sup>th</sup> (Saturday)

April 21<sup>st</sup> (Saturday)

May 26<sup>th</sup> (Saturday)

To attend the monthly workshops, I have included:

- One \$120.00 cheque dated for September 1<sup>st</sup>  
OR
- \$120.00 Cash

#### Please note:

**-Cheques are payable to "Joelle Sheppard".**

**-There is a \$25.00 charge for all NSF cheques**

**- Students wishing to withdraw from a learning workshop must give written notice prior to the 1st day of the month that workshop will be held**

**-There will be no refunds for missed monthly workshops**

## Oireachtas workshops

Any dancers that will be dancing at the Oireachtas (World Qualifiers) this year in November (either in teams or in solos) is required to attend these workshops.

Student Name (First and last) \_\_\_\_\_

Age \_\_\_\_ Class \_\_\_\_\_

### Figure Workshops –October 1<sup>st</sup>, October 22 and October 29<sup>th</sup> (One hour each day, Saturdays)

I have included:

- One \$30.00 cheque dated for October 1<sup>st</sup>  
OR
- \$30.00 Cash

### Solo Workshops – October 1<sup>st</sup>, October 22 and October 29<sup>th</sup> (One hour each day, Saturdays)

I have included:

- One \$30.00 cheque dated for October 1<sup>st</sup>  
OR
- \$30.00 Cash

### Figure and Solo Workshops

I have included:

- One \$60.00 cheque dated for October 1<sup>st</sup>  
OR
- \$60.00 Cash

### Please note:

-Cheques are payable to "Joelle Sheppard".

-There is a \$25.00 charge for all NSF cheques

-There will be no refunds for missed Oireachtas workshops

- Students wishing to withdraw from the Oireachtas workshops must give written notice prior to the 1st of October