

## Light Jig Steps 3 and 4

| Movement                                 | Tips  |
|--|---|
| <b>THIRD STEP</b>                        |   |
| heel (front), toe (back)                 | Using RIGHT foot<br>Really turn-out on the heel and over-cross feet                     |
| Hop front 234                            | Right foot to bum as you bring right foot to front<br>Point toes when lifting up behind |
| cut 1234 (R)                             | Point toes on cut   |
| hop back 234                             | Right foot to back, kicks bum on the way  |
| heel step, toe step, heel step, toe step | Right foot in front, moving to Right<br>Cross feet                                      |
| rise & grind                             | Start rise with R foot, end with R foot in front  |
| Repeat step 3 on Left foot               |   |
| <b>FOURTH STEP</b>                       |   |
| Hop front 234                            | Right leg comes to front, kicking bum   |
| Hop back 234                             | Right goes to back, kicking bum   |
| Hop-walk-walk-front 234                  | Start with R foot to bum, then keep knees straight (End with R in front)                |
| Hop-back-back-back 234                   | Start with R foot to bum then all kick bum (end with L in front)                        |
| Rise and Grind on Right                  | End with R in front   |
| Repeat step 4 on Left foot               |   |

\*Remember to: Always keep arms down by sides when practicing, Cross feet, Turn out toes, Stay high up on toes, Have fun!!! 😊