

Light Jig Steps 3 and 4

Movement	Tips
THIRD STEP	Capitals = Right foot Lowercase = left foot
hop HEEL (front), hop TOE (back)	Using RIGHT foot Really turn-out on the heel and over-cross feet
hop FRONT -2-3-4 (R)	Right foot to bum as you bring right foot to front Point toes when lifting up behind
CUT FRONT-2-3-4 (R)	Point toes on cut
hop BACK-2-3-4	Right foot to back, kicks bum on the way
HEEL step, TOE step, HEEL step, TOE step	Right foot in front, moving to Right Cross feet
rise & grind	Start rise with R foot, end with R foot in front
Repeat step 3 on Left foot	
FOURTH STEP	
hop FRONT -2-3-4 (R)	Right leg comes to front, kicking bum
hop BACK-2-3-4	Right goes to back, kicking bum
hop-WALK-walk-STAY- 2-3-4	Start with R foot to bum, then keep knees straight (End with R in front)
hop-BACK-back- BACK-2-3-4	Start with R foot to bum then all kick bum (end with L in front)
Rise and Grind on Right	End with R in front
Repeat step 4 on Left foot	

*Remember to: Always keep arms down by sides when practicing, Cross feet, Turn out toes, Stay high up on toes, Have fun!!! 😊