

## Beginner Single Jig and Slip Jig

<b>Movement</b>	<b>Tips – Capitals = Right foot</b>
<b>SINGLE JIG – Lead Around</b> UP UP, 1-2-3, 1-2-3, 1-2-3	Right foot to start, finish with Left in front Move clockwise around the room, towards the front. Kick bum, point toes, stay high on toes and cross feet
up up, 1-2-3, 1-2-3	Start on Left, Finish on Left
out STEP, in STEP	Keep front toe pointed. Be sure to cross on the “In step
Repeat above two sections on Left	Remember to swing leg straight out then in to the knee on <b>all</b> of the Ups
<b>Second Step</b> UP UP, 1-2-3 (start on Right) over 2-3-4-5-6-7 (Right)	Remember you will have to switch legs by using a leap to do the sevens When moving Right, Right leg is in front
TURN 2-3-4-5-6-7 (right) Clockwise	Right foot to knee first
OVER 2-3, out STEP, in STEP	
Repeat second step on the Left	
<b>SLIP JIG – Lead around</b> UP, OVER-2-3 Point-switch-POINT-HOP-BACK (section A)	Start with Right finish over with Left in front Point on left then right Cross feet and turn out toes on points
Repeat section A on Left foot	Finish with Right in front
OVER-2-3-4-5 Over-2-3-4-5	Right foot leap then left foot leap Finish with Right in front BIG leaps, keep front knee straight on the 2345, really move!
Repeat section A	Start with right foot. End with Left in front Finish near front of the room
Repeat whole Lead around on LEFT	Head towards back of the room, finish facing front
<b>Side step</b> REACH, CUT WALK-walk POINT and point hop back	Repeat 3 times, moving towards right Kick bum with left on the reach Keep back toes turned out on the cut Cross feet on the points
Finish with section A on Right	
Repeat whole side step on the Left	

\*Remember to: Always keep arms down by sides when practicing, Cross feet, Turn out toes, Stay high up on toes, Have fun!!! 😊