

Advanced Beginner Treble Jig

Movement	Tips
LEAD AROUND	All Capitalized words = Right foot, All lower case = Left
Step RALLEY-1-2, SKIP 1-2, SKIP 1-2	The Step is done in the back with the left foot.
STEP, stamp-2-3, CLICK hop STEP, click HOP 1-2	Kick bum on step before the stamp like a 1-2-3
Step HE-EL down, SKIP 1-2-, SKIP 1-2	Kick bum on step before the heel like a 1-2-3
Rally Cut, Rally-hop-back (R) Hop back 2-3-4 (L)	Point toes on cut Finish with Right foot in front
Repeat on Left foot	Heading back to where you started (move to front of stage on R) To start the left foot, bring left foot up to bum and hop, landing with left in front instead of doing the “step” behind that is done on the right foot. .
FIRST STEP	
Hop heel-and-heel-step (R)	Moving left
Rally R, Rally L	Go straight across stage
Rally Cut, Rally-hop-back (R) Hop back 2-3-4 (L)	Turn to Right to face back
Hop Stamp 2-3-4 (L)	Kick bum on stamp, make sure heel hits the floor
Skip 1,2, Skip 1,2	Kick bum on skip 1-2’s and point front toe
Step (L), Rally-hop-back (R)	Kick bum on the way forward and back. The step should look like a 1-2-3
Hop back 234 (L)	Kick bum, lift leg high on the way back, cross feet, end on toes with R foot in front
Repeat step on Left foot	

*Remember to: Always keep arms down by sides when practicing, Cross feet, Turn out toes, Stay high up on toes, Have fun!!! 😊