

Advanced Beginner Hornpipe

Movement	Tips
LEAD AROUND	Capitals = Right foot Lowercase = Left foot
SKIP-DOWN, skip-down, RALLEY-IN-front	Kick bum on skips. Music is fast so kick up fast
STEP-point-HOP-ROCK-rock	Kick bum on way forward and back of the point Rock with R leg in front.
step-RALLEY-hop-BACK	
1,2,3 (L), 1,2,3 (R)	
over-HE-EL-step OUT-step-IN-step	HE-El is a drum with R foot
RALLEY hop BACK, rally-HOP- back RALLEY-IN-front-RALLEY-hop-BACK	
double-and-DOUBLE-AND-CUT	The double on the left actually starts right after the end of the previous BACK
Repeat on Left foot	Heading back to where you started (move to front of stage on R)
FIRST STEP	
RALLEY hop BACK, rally-HOP- back, SKIP-1, skip-2, RALLEY hop BACK	
step, TOE-hop STEP-toe-HOP (L in back) *hold*	Bring foot trough after toe
step, RALLEY hop BACK, rally-HOP- back	Left foot steps down behind to start this
STEP-bush-cut, step-BRUSH-CUT	These can be “doubles” instead of “brushes”
STEP, toe-hop (L in back) step (L in back) BRUSH-CUT	
STEP-rally-HOP- back, RALLEY-IN-front RALLEY hop BACK	Kick bum on 1-2 and on the hop back
Repeat step on Left foot	

*Remember to: Always keep arms down by sides when practicing, Cross feet, Turn out toes, Stay high up on toes, Have fun!!! 😊